



State of Alaska
Department of Transportation & Public Facilities
ADOPT-A-HIGHWAY SAFETY TIPS



SAFETY DON'T

DON'T pick up litter on the roadway surface at any time.

DON'T pick up litter close to the edge of the road or on any medians unless directed to during your individual on-site safety meeting. Stay on the right-of-way facing traffic and stay with your team.

DON'T cross the highway unnecessarily; cross only at designated locations. Designated crossing locations should be determined by your work leader prior to starting work.

DON'T play around or do anything that will distract passing drivers or other volunteers.

DON'T work during peak travel times when traffic is heavy. Consult your Department contact for a suitable and safe schedule. Never schedule pickups during evening hours.

DON'T leave children or pets locked in the car at work locations.

DON'T overexert yourself. Take breaks, drink liquids, and dress appropriately for the weather.

DON'T participate in litter pickups while under the influence of alcohol, drugs, or prescription medications.

DON'T bring small children or pets along on litter pickups.

DON'T pick up materials which you suspect might be hazardous, or a container with an unknown substance. Do not pick up dead animals. Notify DOT&PF after the pickup.

DON'T try to pick up heavy objects. Use correct lifting techniques, keeping your back as straight as possible. Keep the object you are trying to lift close to your body and let your legs and arms do the work.

SAFETY DO

DO carpool to pickup sites to keep the number of vehicles on the roadside to a minimum. Park in areas assigned during your on-site safety meeting, off the road as far away from the pavement edge as possible. Use parking lots and wide spots whenever possible.

DO wear the reflective orange safety vest provided for volunteers so you can be easily seen. Be sure you have it on from the moment you leave your vehicle at the pickup site.

DO wear light or bright colored protective clothing, hard-soled shoes, and sturdy work gloves. Participants should not wear short pants or tank tops.

DO use sunblock and wear a hat.

DO work only in daylight and in fair weather.

DO stay alert for noxious weeds and avoid them.

DO coordinate all pickups with the Department contact.

DO make sure all volunteers are familiar with these safety precautions.

DO stay alert for traffic when crossing side roads and driveways. Cross with signals.